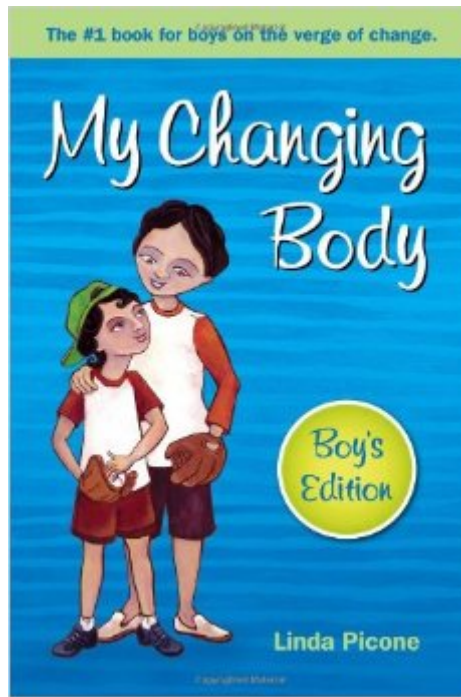


The book was found

# My Changing Body



## Synopsis

Filled with practical, insightful facts about the changes boys go through before and after puberty, *My Changing Body* is the ultimate know-your-body manual for boys. Included here is everything boys need to know about growth spurts, voice changes, body hair, and their reproductive systemsâ•along with fascinating explanations for all those other mysterious physical and emotional changes that accompany growing up.

## Book Information

Paperback: 150 pages

Publisher: Fairview Press; Boy's ed. edition (June 16, 2010)

Language: English

ISBN-10: 1577491815

ISBN-13: 978-1577491811

Product Dimensions: 6.1 x 0.4 x 9.1 inches

Shipping Weight: 9.9 ounces (View shipping rates and policies)

Average Customer Review: 2.1 out of 5 starsÂ Â See all reviewsÂ (8 customer reviews)

Best Sellers Rank: #1,440,448 in Books (See Top 100 in Books) #106 inÂ Books > Children's Books > Growing Up & Facts of Life > Health > Maturing #2276 inÂ Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Boys & Men

Age Range: 9 - 12 years

Grade Level: 4 - 7

## Customer Reviews

Presents the changes in a female body from about age 8 to the end of puberty, in easy to read yet accurate language. My daughter thought some of the information was unsettling at first, but when I said she could skip over anything that she didn't want to read about, or ask questions, she did both, but continued reading. Respects the reader and gives information on sexual activities, consequences, and a bit on LGBT aspects.

This book indicates on the cover that is for "girls on the verge of change"; however, it includes explicit adult topics such as sex, mutual masturbation, orgasm, adultery, nocturnal emissions (for boys!), sexually stimulating a partner, oral intercourse and all forms of sexuality. This book is NOT for young girls wanting to learn about their own changing bodies. I found the subject matter to be grossly inappropriate for "girls" and not indicative of what the title/book cover portrays. VERY

DISAPPOINTING!!! I would recommend books for younger girls such as *The Care of Keeping Your Body: The Body Book for Younger Girls* by Schaefer or *Girls Life Head-To-Toe Guide* by Bokram.

I advise parents to read this book in advance of sharing it with your son and consider the age and maturity level of your child. It has a lot of information including oral sex, anal sex, sexually transmitted diseases, rape and abortion. It seemed over the top when your child first needs to learn about why their body is changing and what to expect. Too much information and a broad spectrum of topics. It ends abruptly with abortion.

A really good book to help you explain these issues to you daughter(s).

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